



October 2018

WEST

601 N. Whitney Way, 233-9999

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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 FORM	2 Sparring	3 <u>Combinations</u>	4 Applications Self Defense	5 Board Breaking! Bring a Friend!	Combinations
7	8 Applications Self defense	9 Combinations	10 Board Breaking!	11 Sparring	12 Combinations	13 Form
14	15 Applications Self Defense	16 Sparring	17 Combinations	18 Form	19 Applications Self Defense	20 Sparring
21	22 Combinations	23 <u>Form</u>	24 Sparring	25 Applications Self Defense	26 Form	27 Combinations Halloween bash Fitch
28	29 Sparring	30 Form	31 Combinations Halloween	1	2	3

Belt Promotion Test and HALLOWEEN BASH MINI TORNAAMENT OCT.27TH

NOW ENROLLING !!! AFTER SCHOOL PICKUP

Pre Testing week 8th-26th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TOTS	4:45		4:45		4:45	10:00
Kids Novice - No Rank, White, Yellow, Orange	5:15	4:45	6:00		6:00	10:30
Kids Intermediates - Green Purple, Blue, Navy		4:45	6:00		6:00	10:30
Kids Advanced - Navy, Brown, Red, Red Stripe, Black		4:45	6:00		6:00	11:15
BB Club Kids	5:15		5:15		6:00	11:15
Family Class		6:15		5:30		12:00
Teens (13-17)		7:00	6:45	6:15	6:45	11:15
Adults	5:15	7:00	6:45	6:15	6:45	11:15
Teens/Adults BBC	6:00*	5:30		7:00*		11:15
Master's Club	7:00*	5:30		7:00*		
GIRLS ONLY					5:15	

*classes may be longer than the 45minutes.