

## Paik's COVID safety policies as of 7/1/22 until at least 8/27/22

Due to the CDC's recommendations for fully vaccinated individuals, Paik's Martial Arts is clarifying our policies for the **indefinite** future, **possibly** adjusted after August 27<sup>th</sup>, 2022. We significantly **changed** our policies as of 5/31/22 and recommend a full review of our policies for all our families.

All classes will be the "Open" style as of Friday, July 1<sup>st</sup> without exception. Masking will always be an option in any class if a student or family wishes to do so. We hope all of our students are able to vaccinate if possible, and maintain boosters throughout the year as recommended by the CDC. We have taken the following into consideration:

- Risk to our student population is minimal, **especially our youngest students who are now ABLE to be vaccinated**
- The number of our students who are eligible to be vaccinated and have done so
- CDC recommendations regarding well ventilated, open spaces
- Current and historical data regarding infections and hospitalizations in Dane County from the last two years

We reserve the right to shift classes back to the "Closed" style with little notice and we continue to recommend masks for anyone who

- Is symptomatic of any illness (stuffy nose from allergies, fatigue, etc.)
- Has high-risk individuals in their family circle
- Has bad breath
- Has not been vaccinated
- Thinks they're stylish and make them look like ninja
- Is more comfortable wearing one for any reason

Students with multiple symptoms of illness should always stay home to maximize our community's safety.

At instructor discretion, students may be asked to use a mask for the duration of class or they will be dismissed. For this reason we recommend all students have a mask readily available if no disposable or purchasable cloth masks are in stock. Visitors who are displaying any symptoms of illness will be asked to wear a mask or they will not be permitted to stay in the lobby.

The following changes will be made going forward:

ALL classes will be drop-in, meaning students may attend classes that match their age and rank. In addition, higher ranking students are allowed to attend lower ranking classes but should expect lower ranking material covered in those classes. Speak with your school Director if you need help deciphering the schedule.

The lobby will be open and available to all without limitations, excepting symptomatic visitors.

Because attendance has been low, we will not be doing Online classes except by request, and we cannot guarantee that instructors will be available for those classes.

Students are permitted to arrive up to 15 minutes prior to class beginning to get in extra practice or warm up time. If permitted by instructors, they may also stay after class.

Changing rooms are available to all students. **School directors may impose limits on number of young students in the changing rooms as needed.**

With evidence pointing at physical contact between masked individuals being safe, we have resumed our Self Defense and Sparring curriculum in all classes. Self Defense will consistently involve close contact and students are encouraged to wear masks and use sanitizer as desired. Sparring requires pads assigned to students and will have short scrimmages/matches in most classes. With the Open schedule, students and families are permitted to discuss skipping a subject with their school Director until circumstances are better.