



PAIK'S MARTIAL ARTS – EAST

608-224-1234

www.paiksmartialarts.com

paikseast@gmail.com

OCTOBER 2020						
	MON	TUES	WED	THURS	FRI	SAT
SEPT 27	SEPT 28 Sparring	SEPT 29 Form	SEPT 30 Technique FB Live 3:30	OCT 1 Self Defense	OCT 2 Sparring	OCT 3 Form
4	5 Form	6 Technique	7 Self Defense	8 Sparring	9 Form	10 Technique
11 TENTATIVE NEW TIMES	12 Technique	13 Self Defense	14 Sparring FB Live 3:30	15 Form	16 Technique Nunchaku class begins!	17 Self Defense
18	19 Self Defense	20 Sparring	21 Form	22 Technique	23 Self Defense KICK OR TREAT!	24 COLOR BELT TESTING
25	26 Sparring	27 Form	28 Technique FB Live 3:30	29 Self Defense	30 Sparring	31 Form KICK OR TREAT LIVE STREAM!
KIDS						
	MON	TUES	WED	THURS	FRI	SAT
Novice	5:15-5:45	6:00-6:30	5:00-5:45	5:15-5:45	5:00-5:45	10:00-10:45
Intermediate	5:15-5:45	6:45-7:15	5:00-5:45	5:15-5:45	5:00-5:45	10:00-10:45
Advanced	5:15-5:45	6:45-7:15	6:00-6:45	6:00-6:30	5:00-5:45	11:00-11:45
TEENS AND ADULTS						
Novice	5:15-5:45	6:00-6:30	6:00-6:45	5:15-5:45	5:00-5:45	10:00-10:45
Intermediate	5:15-5:45	6:00-6:30	6:00-6:45	5:15-5:45	5:00-5:45	11:00-11:45
Advanced	5:15-5:45	6:00-6:30	6:00-6:45	6:00-6:30	5:00-5:45	11:00-11:45
Family Class	5:15-5:45	6:00-6:30	5:00-5:45	5:15-5:45	5:00-5:45	10:00-10:45
	Black Belt Club 6:00-6:30	Form Class – see Online for more		BLACK BELTS 6:45-7:15	Nunchaku 6:00-6:45	

Face to Face classes with Master Bostetter are available on Wednesdays, Fridays, and Saturdays.

Contact him to get signed up for a time

**Nunchaku class with Master Bostetter begins Friday, October 16th – contact him
or Master Masaki for more info**

Online classes available Mondays, Tuesdays, Thursdays, and Fridays

Color Belt Testing – October 24th

Color Belt Testing: 10:00-11:00, Stage Testing: 11:00-12:00(ish)

KICK OR TREAT TOURNAMENT videos due FRIDAY, OCTOBER 23RD