



PAIK'S MARTIAL ARTS – EAST

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[SUMMER CAMP INFO!](#)

[NEW EVENTS PAGE](#)

| APRIL 2024 | | | | | | |
|------------------------------|------------------------------------|---------------------------------------|--------------------------------------|--|--------------------------|--|
| | MON | TUES | WED | THURS | FRI | SAT |
| Mar 31 Evaluation Week | Apr 1 CLOSED Visit West Side | Apr 2 CLOSED Visit West/Fitch | Apr 3 Self Defense | 4 Sparring | 5 Form | 6 Technique |
| 7 | 8 CLOSED Visit West/Fitch | 9 CLOSED Visit West/Fitch | 10 Sparring | 11 Form Instruct. Seminar 5:30-7:15 | 12 BOARD BREAKING! | 13 CLOSED Color/Black Belt Testing at Fitchburg |
| 14 | 15 Self Defense | 16 CLOSED Visit West/Fitch | 17 Form Final Weapons Class | 18 Technique | 19 Self Defense | 20 NO CLASSES Visit Fitchburg |
| 21 | 22 Sparring | 23 SCHOOL MEETING 6:00-7:00? | 24 Technique | 25 Self Defense | 26 Sparring | 27 Form Escrima Seminar Invite only |
| 28 | 29 Form | 30 CLOSED Visit West/Fitch | May 1 Self Defense | May 2 Sparring | May 3 Form | May 4 Technique |
| | MON | TUES | WED | THURS | FRI | SAT |
| Stripes Class | 5:00-5:30 | | 4:45-5:15 | | 5:00-5:30 | 9:30-10:00 |
| Kids Novice | 5:30-6:15 | | 4:45-5:30 | | 5:00-5:45 | 10:00-10:45 |
| Kids Intermed. | 6:15-7:00 | | 5:45-6:30 | 5:30-6:15 | 5:00-5:45 | |
| Kids Advanced | 6:15-7:00 | | 5:45-6:30 | 5:30-6:15 | 6:00-6:45 | |
| Teen/Adu Novice | 5:30-6:15 | | 5:45-6:30 | 6:15-7:00 | 5:00-5:45 | 10:00-10:45 |
| Teen/Adu Interm | 6:15-7:00 | | 5:45-6:30 | 6:15-7:00 | 6:00-6:45 | |
| Teen/Adu Adv | 6:15-7:00 | | 5:45-6:30 | 6:15-7:00 | 6:00-6:45 | |
| Family Class | 5:30-6:15 | | 5:45-6:30 | | | 10:00-10:45 |
| Black Belt Club | BBC All Ages 6:15-7:00 | | Bushido 6:30-7:30 | BBC All Ages 5:30-6:15 | | |

COLOR BELT & BLACK BELT TESTING

Saturday, April 13th at Fitchburg

Color Belts – 9:30-10:45

Black Belt Testing – 11:30-3:00

INTERMEDIATE ESCRIMA SEMINAR

Invitation only

Saturday, April 27th at East Side

Black Belt “Too Much About” Seminars

INSTRUCTION – Any Black Uniforms are welcome

East 4/11 5:30-7:15

Next Stage and Color Belt Testing

Saturday, May 11th at East Side

SPARRING FAKES – Black Belts only, gear required

West Side 4/25 6:45-8:00 // Fitchburg 5/9 6:30-7:45

East 5/23 6:00-7:15