



PAIK'S MARTIAL ARTS – FITCHBURG

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[SUMMER CAMP INFO!](#)

[NEW EVENTS PAGE](#)

APRIL 2024						
	MON	TUES	WED	THURS	FRI	SAT
Mar 31 Evaluation Week	Apr 1 CLOSED Visit West Side	Apr 2 Technique	Apr 3 Self Defense	4 Sparring No Team	5 Form	6 Technique Optional Team 11:00 Fitchburg
7	8 Technique	9 Self Defense	10 Sparring	11 Form	12 BOARD BREAKING!	13 NO CLASSES Color/Black Belt Testing at Fitchburg
14	15 Self Defense	16 Sparring	17 Form	18 Technique	19 Self Defense	20 Sparring Optional Team 11:00 Fitchburg
21	22 Sparring	23 Form	24 Technique	25 Self Defense	26 Sparring	27 Form Team at Fitchburg
28	29 Form	30 Technique	May 1 Self Defense	May 2 Sparring	May 3 Form	May 4 Technique
	MON	TUES	WED	THURS	FRI	SAT
Stripes Class		4:30-5:00	4:30-5:00	4:30-5:00		9:00-9:30
Early Bird Class	4:30-5:15				4:30-5:15	
Kids Novice	5:30-6:15	5:00-5:45	5:00-5:45		4:30-5:15	9:30-10:15
Kids Intermed.	4:30-5:15	5:00-5:45		Kids BBC 5:00-5:45	4:30-5:15	9:30-10:15
Kids Advanced	6:15-7:00		6:30-7:15		4:30-5:15	10:15-11:00
Teen/Adu Novice	5:30-6:15		5:45-6:30	5:45-6:30		9:30-10:15
Teen/Adu Interm	Teens/Adults			5:45-6:30		9:30-10:15
Teen/Adu Adv	BBC 6:15-7:00		6:30-7:15	5:45-6:30		10:15-11:00
Family Class	5:30-6:15		5:45-6:30			9:30-10:15
	Kids BBC 4:30-5:15	TEAM 5:45-Varies		ELITE+ TEAM 6:30-7:30	Girl's Class 5:30-6:15	

**COLOR BELT & BLACK BELT TESTING**

**Saturday, April 13<sup>th</sup> at Fitchburg**

Color Belts – 9:30-10:45

Black Belt Testing – 11:30-3:00

**INTERMEDIATE ESCRIMA SEMINAR**

Invitation only

Saturday, April 27<sup>th</sup> at East Side

**Black Belt "Too Much About" Seminars**

INSTRUCTION – Any Black Uniforms are welcome

East 4/11 5:30-7:15

**Next Stage and Color Belt Testing**

Saturday, May 11<sup>th</sup> at East Side

SPARRING FAKES – Black Belts only, gear required

West Side 4/25 6:45-8:00 // Fitchburg 5/9 6:30-7:45

East 5/23 6:00-7:15