



**PAIK'S MARTIAL ARTS – ONLINE**

**608-999-0022**

**www.paiksmartialarts.com**

**paikstmac@gmail.com**

OCTOBER 2020						
	MON	TUES	WED	THURS	FRI	SAT
SEPT 27	SEPT 28 Sparring	SEPT 29 Form	SEPT 30 Technique FB Live 3:30	OCT 1 Self Defense	OCT 2 Sparring	OCT 3 Form
4	5 Form	6 Technique	7 Self Defense	8 Sparring	9 Form	10 Technique
11 <b>TENTATIVE NEW TIMES</b>	12 Technique Fitchburg Weapons	13 Self Defense	14 Sparring FB Live 3:30	15 Form	16 Technique West/East Weapons	17 Self Defense
18	19 Self Defense	20 Sparring	21 Form	22 Technique	23 Self Defense KICK OR TREAT!	24 <b>COLOR BELT TESTING</b>
25	26 Sparring	27 Form	28 Technique FB Live 3:30	29 Self Defense	30 Sparring	31 Form KICK OR TREAT!

	MON	TUES	WED	THURS	FRI	SAT
<b>KIDS</b>						
<b>Novice</b>	4:30-5:00	6:00-6:30	Face to Face at West, East, or Fitchburg	5:15-5:45	4:30-5:00	
<b>Intermediate</b>	5:15-5:45	6:45-7:15		5:15-5:45	4:30-5:00	
<b>Advanced</b>	5:15-5:45	6:45-7:15		6:00-6:30	4:30-5:00	
<b>TEENS AND ADULTS</b>						
<b>Novice</b>	5:15-5:45	6:00-6:30		5:15-5:45	4:30-5:00	
<b>Intermediate</b>	5:15-5:45	6:45-7:15		5:15-5:45	4:30-5:00	
<b>Advanced</b>	5:15-5:45	6:45-7:15		6:00-6:30		
<b>Family Class</b>	5:15-5:45	6:00-6:30		5:15-5:45	4:30-5:00	
	Black Belt Club 6:00-6:30	<b>FORM CLASS</b> 5:15-5:45		BLACK BELTS 6:45-7:15	Girl's Class 5:15-5:45	Face to Face at East Side
	Face to Face at West, Fitchburg	9/29 EE Dan	Green and up		Face to Face at East Side	
		10/6 Cho Dan	Yellow and up			
		10/13 EE Dan	Green and up			
		10/20 Cho Dan	Yellow and up			
		10/27 Sam Dan	Blue and up			

**ZOOM Meeting ID – 865-134-3925**

Contact Master Masaki at [paikstmac@gmail.com](mailto:paikstmac@gmail.com) to get your password

Check out our YouTube channel <https://www.youtube.com/paiksmartialarts>

**Color Belt Testing – October 24<sup>th</sup>**

**Color Belt Testing: 10:00-11:00, Stage Testing: 11:00-12:00(ish)**

**KICK OR TREAT videos due FRIDAY, OCTOBER 23<sup>RD</sup>**