



PAIK'S MARTIAL ARTS – WEST

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[SUMMER CAMP INFO!](#)

[NEW EVENTS PAGE](#)

APRIL 2024						
	MON	TUES	WED	THURS	FRI	SAT
Mar 31 Evaluation Week	Apr 1 Form	Apr 2 Technique	Apr 3 Self Defense	4 Sparring	5 Form	6 Technique Optional Team 11:00 Fitchburg
7	8 Technique	9 Self Defense	10 Sparring	11 Form	12 BOARD BREAKING!	13 CLOSED Color/Black Belt Testing at Fitchburg
14	15 Self Defense	16 Sparring	17 Form	18 Technique	19 Self Defense	20 CLOSED Visit Fitchburg Team at Fitchburg
21	22 Sparring	23 Form	24 Technique	25 Self Defense Sparring Seminar 6:45-8:00	26 Sparring	27 Form Team at Fitchburg
28	29 Form	30 Technique	May 1 Self Defense	May 2 Sparring	May 3 Form	May 4 Technique
	MON	TUES	WED	THURS	FRI	SAT
Stripes Class	4:30-5:00		4:45-5:15			9:45-10:15
Early Bird Class	3:30-4:15	4:30-5:15		4:30-5:15		
Kids Novice	5:15-6:00	4:30-5:15	6:00-6:45	5:15-6:00	5:00-5:45	10:15-11:00
Kids Intermed.	See BBC	5:15-6:00	6:00-6:45	5:15-6:00	5:45-6:30	10:15-11:00
Kids Advanced	See BBC	5:15-6:00		See BBC	5:45-6:30	
Teen/Adu Novice	5:15-6:00	Teens/Adults 6:45-7:30	Teens/Adults 6:45-7:30	5:15-6:00	5:00-5:45	10:15-11:00
Teen/Adu Interm	See BBC			5:15-6:00	5:45-6:30	10:15-11:00
Teen/Adu Adv	See BBC			See BBC	5:45-6:30	
Family Class	5:15-6:00			5:15-6:00	5:00-5:45	10:15-11:00
Black Belt Club	Black Belt Club 6:00-7:00	BBC Open Gym 6:00-6:45	Girl's Class 5:15-6:00	Black Belt Club 6:00-6:45	Sparring Open Gym 6:15-7:30	

COLOR BELT & BLACK BELT TESTING

Saturday, April 13th at Fitchburg

Color Belts – 9:30-10:45

Black Belt Testing – 11:30-3:00

INTERMEDIATE ESCRIMA SEMINAR

Invitation only

Saturday, April 27th at East Side

Black Belt "Too Much About" Seminars

INSTRUCTION – Any Black Uniforms are welcome

East 4/11 5:30-7:15

Next Stage and Color Belt Testing

Saturday, May 11th at East Side

SPARRING FAKES – Black Belts only, gear required

West Side 4/25 6:45-8:00 // Fitchburg 5/9 6:30-7:45

East 5/23 6:00-7:15